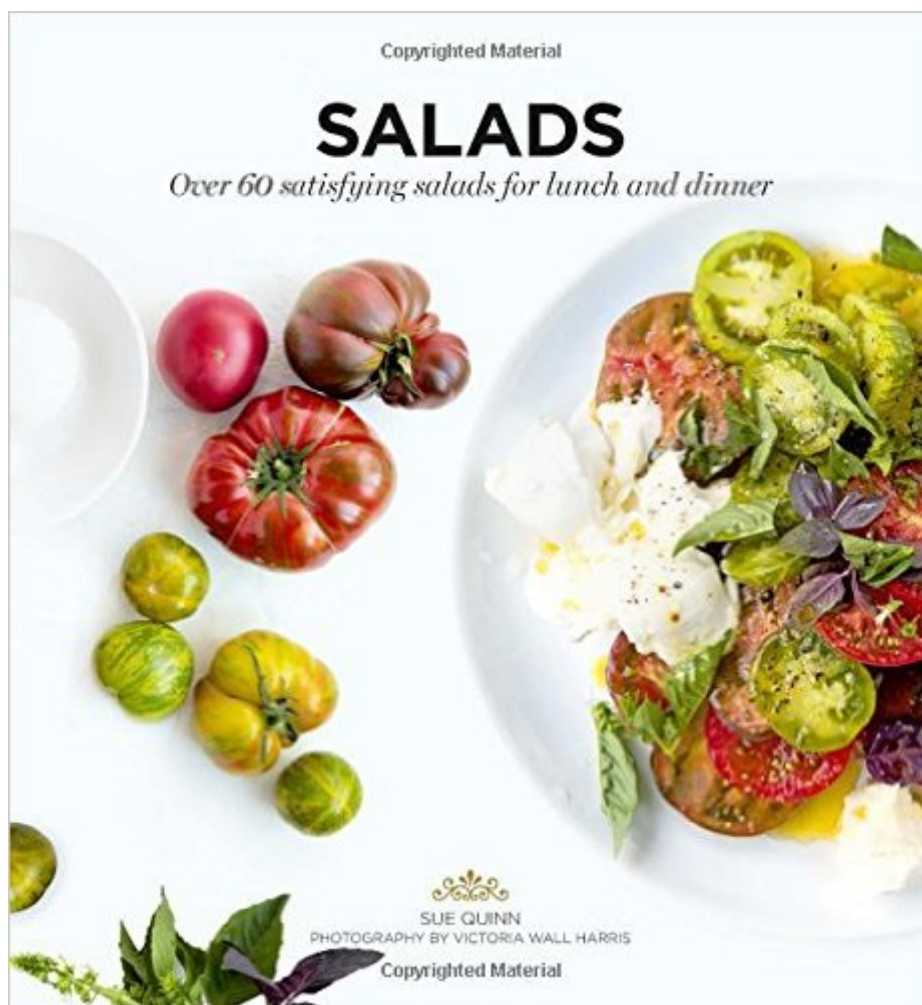


The book was found

# Salads: Over 60 Satisfying Salads For Lunch And Dinner



## Synopsis

Salads shares 60 quick, easy, and delicious recipes perfect for light, fresh lunches as well as hearty dinners. Proving that salads aren't just for those on a health-kick, these recipes are inventive, bold, and often satisfying meals in themselves. Using the best-quality, seasonal ingredients and some exciting combinations, Sue Quinn presents an explosion of textures, flavors, and colors and shows that an artfully prepared salad is one of the most delicious dishes you can eat. Covering three main types of salads - grains and pulses; meat, fish and cheese; and vegetable-based - there is something to suit every taste and mood. From the quinoa with pesto and feta salad to the falafels and salad combo, there are some super-hearty salads sure to satisfy the biggest of appetites. Featuring classics like the chicken Waldorf salad and Nicoise; creative ideas such as kale Caesar salad and chorizo, peppers and chickpea, and a section on delicious dressings to take these dishes to new heights, Salads offers minimum preparation and maximum flavor for all those who love nutritious, wholesome food.

## Book Information

Paperback: 192 pages

Publisher: Hardie Grant (April 5, 2016)

Language: English

ISBN-10: 1784880361

ISBN-13: 978-1784880361

Product Dimensions: 8.2 x 0.8 x 8.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #121,371 in Books (See Top 100 in Books) #33 in Â Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads

## Customer Reviews

Great layout recipes and pictures

Great salad ideas here!

[Download to continue reading...](#)

Salads: Over 60 satisfying salads for lunch and dinner Maple Syrup Cookbook, 3rd Edition: Over 100 Recipes for Breakfast, Lunch & Dinner Lunch Lady and the Cyborg Substitute: Lunch Lady #1

Lunch Lady and the League of Librarians: Lunch Lady #2 Lunch Lady and the Summer Camp Shakedown: Lunch Lady #4 Lunch Lady and the Bake Sale Bandit (Lunch Lady, Book 5) Lunch Lady and the Field Trip Fiasco: Lunch Lady #6 Lunch Lady and the Video Game Villain: Lunch Lady #9 Lunch Lady and the Mutant Mathletes: Lunch Lady #7 Lunch Lady and the Picture Day Peril: Lunch Lady #8 Brown Bag Lunches for Kids: Healthy and High-Nutrition Lunch Recipes for Kids' School Lunches (Healthy Meals & Lunch Recipes) Casserole Cookbook: Quick and Easy Low Budget Recipes for Your Oven, Dutch Oven or Cast Iron Skillet! (Make-Ahead Lunch and Dinner Recipes) Low Carb Living Cookbook Box Set: Low Carb Recipes for Breakfast, Lunch, Dinner, Snacks, Desserts And Slow Cooker Top 200 Mediterranean Diet Recipes: (Mediterranean Cookbook, Mediterranean Diet, Weight Loss, Healthy Recipes, Mediterranean Slow Cooking, Breakfast, Lunch, Snacks and Dinner) Anti-Inflammatory Diet Box Set: Anti-Inflammatory Diet Recipes Breakfast, Lunch, Dinner And Smoothie Recipes Cast Iron Cookbook: Volumes 1-4: Cast Iron Breakfast, Lunch, Dinner & Dessert Recipes 56 Cookbooks on CD breakfast lunch dinner dessert grilling international Dinner with Churchill: Policy-Making at the Dinner Table Vegan Thanksgiving Dinner: 25 Full Of Taste Thanksgiving Vegan Recipes.: (Thanksgiving, USA Holidays, Vegan, Vegetarian, Salads, Low-fat Vegan ... low fat high carb recipes) (Volume 2) Salads That Inspire: A Cookbook of Creative Salads

[Dmca](#)